



CIR/016/2023-24

Date: 08-11-2023

Dear Parents,

*Greetings to you!*

We will be hosting Manipal Annual Sports Day Competitions from **9<sup>th</sup> November 2023 to 11<sup>th</sup> November 2023** .

**The programme details are as follows:**

**Venue :** Marena Sports Complex, Attavar, Mangalore.

**Nursery to Class V:** 8.30 a.m. to 1.00 p.m. (indoor & outdoor) sports events - 9<sup>th</sup> November, 2023

GRADE	ACTIVITY NAME	DISTANCE
Nursery	Pick and palce	10mt
Prep 1	Zig Zag Race	10mt
Prep 2	Flip the cones Race	10mt
Class I	Tunnel Race	15mt
Class II	Hoops Race	15mt
Class III	River crossing	20mt
Class IV	Basket ball dribbling	20mt
Class V	Foot ball dribbling	20mt

**Class VI to VIII:** 8.30 am to 02.30 p.m. (indoor & outdoor) inter house games **FOOTBALL, BASKETBALL & BADMINTON** - 10<sup>th</sup> November, 2023

**Class IX to XI:** 8.30 am to 02.30 p.m. (indoor & outdoor) inter class games **FOOTBALL, BASKETBALL, BADMINTON, CRICKET & VOLLEYBALL** - 11<sup>th</sup> November, 2023

Thanking you,

**Sd/- Principal , Manipal School**  
**Mrs. Anuradha Shivaram**